

Don't Be Your Own Enemy

Reflection Acts 20:35, Proverbs 19:17, Hebrews 6:10

You are abundantly blessed, if your heart's desire is to please God, and He has called you to be a Blessing to others. He will always be on your side. Not even satan can hinder God's plans for you, unless of course you are secretly dining with him. Know it now, that anything you are struggling or labouring so hard to achieve to the detriment of your body and soul is not yours. Drop it! The blessings of God are without sorrow (Proverbs 10:22).

Those whom God sends on people's path to support them are called to do what they do. They are blessed and privileged to be a Blessing. God has substitutes for those who do not heed His call to be a Blessing - substitutes who are more than willing to support others from the kindness of their hearts, and desire to please God. So, maybe it's time for you to start praying to be a Blessing as well.

Being a Blessing does not take much out of you. Be generous to others as God has been to you, giving you the gift of life, peace, joy, His love, His friendship, and all other things that pertain to life. Being generous is not always about money and other material things. You can also:

- Pray with someone.
- Reach out to the needy.
- Help others grow in the Lord.
- Help someone get a job.
- Lend a Listening Ear.
- Offer someone a room in your home.
- Feed someone.
- Contact the relevant authorities if someone is suicidal or needs help – little things count.
- Find ways to make someone happy.

The DON'Ts of Giving Support

- Don't support others because you want them to look up to you as their *messiah* (Proverbs 14:31).
- Don't support others for what you hope to gain from them (Acts 20:35).
- Don't humiliate others or bask in seeing them make endless pleas to you before you give a helping hand (Proverbs 3:27-28).
- Don't judge others who genuinely need urgent support, school, or engage them in lengthy judgemental conversations before you come to their aid. It's in bad taste. Leave the lecture for another day.

Shalom!